Fides Es Auditu

Faith comes by hearing... (Rom. 10:17)

The motto of SAI is most fitting for an apostolic venture that depends heavily on audio technology. As St. Paul says in his Epistle to the Romans, “How shall they believe Him, of whom they have not heard? And how shall they hear, without a preacher?” and “Their sound hath gone forth into all the earth, and their words unto the ends of the whole world.” (Rom. 10:14, 18) We pray that SAI’s contribution to the missionary activity of the Church bear much fruit according to God’s Will.
Welcome to the Saint Augustine Institute of Wisdom

From the Director

The Saint Augustine Institute of Wisdom (SAI) is the educational division of Saint Benedict Center. The Institute provides well-rounded and conveniently simple courses of instruction in Catholic thought.

The classes available through SAI are a continuation of the studies which have been offered at Saint Benedict Center since 1942. Our teachers are the Popes, the Councils, the Saints, the Fathers and Doctors of the Church, and, most especially, Holy Scripture and Catholic Tradition.

The Saint Augustine Institute is a vehicle for continued adult education for Catholic men and women, in any occupation in life, through which they may increase their knowledge of the Faith and things pertaining to it.

In order to give the studies form and purpose, the four-year program – with a Diploma in General Catholic Studies – lies at the heart of SAI. However, with hundreds of hours of recorded lectures available, SAI is also a resource for a lifetime of learning.

Sister Maria Philomena, M.I.C.M took final vows as a Slave of the Immaculate Heart of Mary on March 25, 1998, and is now the sub-prioress of the Sisters of the Slaves of the Immaculate Heart of Mary. With over 20,000 teaching hours in various grades, she has taught almost all of the high school level subjects – plus earned much experience in her 10 years as vice-principal at IHM. She has authored a number of articles (catholicism.org/author/SisterMariaPhilomenaMICM) and given talks on various subjects. She earned her SAI degree in 1998 and continued to amass over 200 credit hours through SAI until her appointment as director in November 2013. For recreation, Sister enjoys photography, music, and reading good historical fiction.
To our dear friends,

America can be converted, but someone has to labor for the achievement of this great objective. And, indeed, it is an objective so great that no one individual can reasonably undertake it alone, and no group can do it without order, patience, sacrifice, discipline, and education for the job. This is, in brief, the purpose of the Saint Augustine Institute of Wisdom.

All persons registered in this course are supposed to be educating themselves as Catholics, and preparing themselves to be lay apostles. Every person must do his or her part, and do it to the very best.

The duties called for by our program of studies are:

1) Faithful attendance (in person or by various media) at each class;

2) Studying the books required by the course and reporting on them; and

3) Reviewing the memory items.

Considered one by one, these duties seem unimportant, yet on the patient performance of such duties depends the success of our project to convert America. Our constancy is a measure of our love for the Faith, and our joy will become the force to attract all men to the way of salvation.

Of the pioneers of the Church – the early Christians – it used to be said, “See how these Christians love one another.” You are all pioneers bringing the supernatural culture to a new field. When two or three meet in the name of Jesus, He has promised to be in their midst – and who could dare place limits on what a band of Catholics, well-disciplined and well-instructed, could achieve in the future, with God in their midst!

By our patience and perseverance, we are cooperating in a nationwide effort to convert America, beginning with ourselves. And also by our joy and enthusiasm, we are changing the prevalent
atmosphere of discouragement and cynicism into one of confident triumph for the Church Militant.

The vineyard of Our Lord, and especially that part of it which is our own country, is in need of laborers – men and women in every walk of life – lay apostles, who are willing to work for the spreading and growth of the Holy Faith, first in their own selves, and then in others. It would be a sin against faith not to admit the necessity of this effort; it would be a sin against hope not to know that by the grace of God it is attainable; and it would be a sin against the theological virtue of charity to refuse to answer the call. Men once faced with this challenge will be haunted the rest of their lives, unless they respond generously by joining the common effort and persevering loyally to the very end.

Nor has anyone yet suggest any better alternative; that is, any other project on the religious and supernatural plane, more worthy of the precious moments of our lives on earth!

Our Lady, Seat of Wisdom, pray for us!

Bro. Francis, M.I.C.M.

(excerpted from the SAI Circular letters of 1977-1979)

Br. Francis Maluf, M.I.C.M. held a Bachelor’s Degree in mathematics, a Master’s and a Doctorate in philosophy. He taught mathematics and science at Holy Cross College in Worcester, Massachusetts. From 1945 to 1949, he taught philosophy, theology, and mathematics at Boston College. With eighty years of teaching experience, this educator par excellence can reach students at any level. Into his 90’s, he continued to give weekly lectures on various topics, teach high school, head the Saint Augustine Institute of Wisdom, and oversee the publishing apostolate of Saint Benedict Center. Brother Francis went to his eternal reward on September 5, 2009. Resquiecat in pace!
The four-year course leads to a Diploma in General Catholic Studies, signifying that the student has successfully achieved the following:

1. Familiarity with Church Latin
2. Knowledge of Holy Scripture
3. General acquaintance with Catholic Philosophy and Theology
4. Knowledge of Church History
5. General Catholic Erudition

The Diploma represents an excellent knowledge of Catholicism as studied in four major areas: Philosophy, Scripture, Sacred Doctrine and History.

**The Four Subjects Studied in the Four-Year Course**

**Philosophy:**

As Brother Francis said, “If you have a broken arm, no one needs to tell you. You are acutely aware of it immediately. However, if your thinking is broken, you do not realize it with the same immediacy... if at all!” The study of wisdom is vital to every Catholic.

As the handmaid of theology (supernatural wisdom), philosophy (natural wisdom) helps an individual to organize his thoughts and understand concepts more clearly. What is a logical error? What are the differences between rocks, plants, animals and men? What “ought” we to do? Where does the conscience come from and what does it do? What errors of thought pervade our culture today and why are they wrong? Philosophy opens up, not a just a new world of thinking, but enables a person to see more clearly the things he already knows and prepares him for future knowledge.
History:

“History is the laboratory of wisdom.” (Brother Francis) Everything in history either looks forward to Our Lord or back to Him. From the study of history, we see God’s Providence and learn from the mistakes of others. Knowing the details allows us to revel in the heroism of the past and be encouraged as we battle the errors of our own times.

Holy Scripture:

The study of Holy Scripture is essential to any Catholic school of thought. Our course of studies will provide you with the historic context, major figures, and commentary from the great minds of the Church on the four Gospels, the Acts of the Apostles, and several books of the Old Testament.

Sacred Doctrine:

Without knowing our Faith, it is impossible to appreciate the “pearl of great price.” Using a Catholic classic, the Catechism of the Council of Trent, we will explore all aspects of our holy Faith. In addition we will cover important memory items, prayers, some elementary Latin, and various devotional books.
Additional Aspects of the Four-Year Course of Studies

Once a person knows the faith, he wants to share it with others.

Supplements for Class

To go with each subject, we have compiled on-line flashcards, assessments, reference pages with links, additional bonus classes, and more.

Memory Items

*Repetitio est mater studiorum.* Repetition is the mother of learning. In keeping with time-honored methods of education, certain key dates, names, and definitions are required memory items. These form the framework for the entire structure of a person’s education. As the alphabet is to reading, the memory items are the keys to all future studies. The required items are very basic, and there are “memoria technica” and on-line flashcards (games, etc.) to make the memorizing processes less painful.

Book Reports

The four-year course requires every student to read 24 books and submit a book report for each (two each trimester) – although students are encouraged to continue to submit reports over and above these twenty-four. The book reports themselves are very simple: 5-10 favorite quotes, a summary of the book, and a personal evaluation. Reporting on a book helps the reader to solidify and concretize the material read.

Seventeen of these books are going to be covered or assigned in the classes themselves. The remaining seven books each student can choose for himself (at least two should be devotional and another two historical). Students should check their choices with Sister Maria Philomena. Appendix I shows a list of suggested reading.

Here are the books that will be covered in the courses:

**Philosophy:**

1. *Introduction to Philosophia Perennis*, by Br. Francis Maluf, M.I.C.M.
2. *Cosmology*, by Br. Francis Maluf, M.I.C.M.

**History:**

3. *Our Glorious Popes*, by Sister Catherine, M.I.C.M.
4. *Continuity of Religion*, by Bishop Bossuet
Holy Scripture:
5. The Four Gospels
7. Genesis
8. The Two Books of the Macchabees.

Sacred Doctrine:
9. *After the Boston Heresy Case*, by Gary Potter
10. *Gate of Heaven*, by Catherine Goddard Clarke
11. *The Loyolas and the Cabots*, by Catherine Goddard Clarke
12. *True Devotion to Mary*, by St. Louis Marie Grignon de Montfort
13. *The Bread of Life*, by Father Leonard Feeney, M.I.C.M.
15. *The Catechism of the Council of Trent*
17. *The Autobiography* of St. Therese of Lisieux

**Apostolic Work**

Apostolic work is an integral part of the four-year program. The purpose of the studies is to perfect children of God. Once a person knows the faith, he wants to share it with others. Each student can choose how to spend an hour per month in applying his studies according to his interests. For example: making a Holy Hour in front of the Blessed Sacrament, writing to prisoners (as part of SBC’s Saint Photina Project), having conversations about the Faith with relatives and/or neighbors, handing out pamphlets, talking to co-workers, relating what you learned in class to your children at the dinner table, teaching catechism, and many other ways. The monthly apostolic work can be carefully planned or left to God’s Providence (students should speak to Sister Maria Philomena about their ideas), but a written summary of the month’s apostolic work will be expected.

“For this one single occasion I would travel all the way from France; I would cross the great ocean to win one little soul for Our Lord!”
-Saint Jean de Brebeuf
SAI Online

Brother Francis often used to say how much can be accomplished by setting aside a relatively small amount of time for regular studies, as long as we persevere in these studies faithfully. The results, he said, could be amazing.

The four-year course is going online! Working towards your SAI diploma has never been more accessible. All of the video, audio and the supplementary information will be online for you to study at your own pace.

Your tuition includes the option to download all of the classes you take. (We ask that you do not give them away for free to others but recommend SAI to your friends.)

Each student needs to make a commitment of time. Someone wishing to complete the course in the minimum four years needs to set aside at least an hour a day – and, with all the supplementary materials, a person could easily fill multiple hours of each day. Many students find that one or two classes each week is enough to keep them busy. This is perfectly fine. There is no time limit on completing the course of study – which, in itself, is only a beginning. Taking the classes at a slower pace can help to assimilate knowledge and make the information gained truly one’s own.

We encourage students to go through the course with friends, family, or parishioners, perhaps forming a Circle of Study (see page 16). Certain temperaments particularly appreciate a little peer pressure to stay on track, have discussions, and help with memory items.

Also, consider that one of the best parts of the four-year course is to have Sister Maria Philomena as a guide! She will answer emails and has “office hours” in which a student can call or Skype with any questions. Sister also makes periodic contact to check progress and gather feedback. Think of her as a personal tutor!
Topics Studied at the Saint Augustine Institute During the Four-Year Program
Cost of Enrollment

Our tuition is the lowest in the field.

Individual audio and video lectures and courses continue to be available for purchase through the bookstore (call 603-239-6485 and ask for Russell LaPlume) and for purchase and download through the on-line store: store.catholicism.org

For personal guidance and the on-line school experience (with copious supplementary materials), there is tuition. **A student can choose to take all or part of the four-year course** as subjects become available.

The Saint Augustine Institute has, of necessity, certain production and maintenance costs. We have tried to make the four-year course of studies as inexpensive as possible. **Our tuition is the lowest** in the field (as illustrated in the chart to the right) at $10 per class.

Each trimester (15-16 weeks if a student is going full pace) includes 60 one-hour classes divided into four subjects. Some classes are audio lectures, others video. Included are assessments for each individual class, supplementary materials, study aids, and the guided assistance of Sister Maria Philomena.

To summarize: $10 per class, $600 per trimester, $1800 per year, $7200 for the complete four-year course. **For a limited time, you can take advantage of an introductory offer of 50% off – which means paying only $5 per class.**

Monthly payment plans are available. Pay for a year in advance for **an additional 8% off**. Pay for the whole four-year course in advance and receive a **10% discount.**

Additional discounts are available for families and groups.

Those who have financial difficulties, please contact Sister Maria Philomena to see what arrangements can be made.
THE PRICE OF CATHOLIC INTELLECTUAL FORMATION
RANGE OF COSTS PER CLASS

CATHOLIC COLLEGES

CATECHETICAL PROGRAMS

SAINT AUGUSTINE INSTITUTE
Appendix I
Books Recommended for Book Reports

The following list merely suggests types of books that might be chosen. To determine which books are available from our bookstore, the student should refer to our website or contact us directly.

- Specific books of the Bible like Psalms, Wisdom, Tobias, Judith, Esther, Paul to Romans, Paul to Hebrews, the two Epistles of Saint Peter, etc.
- *Meditations on the Gospels*, by Bishop Ottokar Prohaszka
- *The Ecclesiastical History of the English People*, by Saint Bede
- *Europe and the Faith*, by Hilaire Belloc (and any of his other books)
- *The Thirteenth — Greatest of Centuries*, by Dr. James Walsh
- *The Facts about Luther*, by Msgr. Patrick O’Hare
- *Philip II*, by William Thomas Walsh (and any of his other books)
- *A History of the Protestant Reformation in England and Ireland*, by William Cobbett
- *World Revolution*, by Nesta Webster
- *Grand Orient Freemasonry Unmasked*, by Msgr. George Dillon
- *Freemasonry and the Vatican*, by Vicomte Leon de Poncins
- History of the Catholic Church, by Mourret-Thompson (any of 7 volumes)
- *Church History*, by Father John Laux, M.A.
- *A History of the Church* (3 Volumes), by Monsignor Philip Hughes
- *An Introduction to Philosophy*, by Father Paul J. Glenn (or any of his other texts)
- *Summa Theologica*, of Saint Thomas Aquinas (any one of the 35 treatises)
- *The City of God*, by Saint Augustine (or any of his works)
- *Christ in His Mysteries*, by Dom Marmion (or any of his works)
• *Treatise on the Love of God*, by Saint Francis de Sales (or Introduction to a Devout Life)

• *God the Redeemer*, by Father Charles G. Herzog, S.J. (or any theological work by a competent theologian, such as any volume of Dogmatic Theology, a multi-volume series by Pohle-Preuss)

• *The Spiritual Life*, by Father Adolphe Tanqueray

• *The Glories of Mary*, by Saint Alphonsus de Liguori (or any of his works)

• *They Fought the Good Fight*, by Thomas Mary Sennott

• *Liberalism Is A Sin*, by Father Felix Sarda Y Salvany

• *The Apostolic Digest*, by Michael Malone

• *The Mystical Body of Christ in the Modern World*, by Father Denis Fahey (or any of his works)

• *The Divine Comedy*, by Dante, or any other major poetic work

• *Saint Thomas Aquinas: the Dumb Ox*, by G.K. Chesterton (or most of his work)

• *Our Quest for Happiness*, by Msgr. Clarence E. Elwell et al. (This is an excellent course in religion for Catholic High Schools which we also recommended for adults. Four volume series)

• *The Apostleship of Prayer*, by Father Henry Ramiere

• *The Whole Truth About Fatima*, by Frere Michel de la Sainte Trinite (This is a highly recommended three volume series.)

We also recommend classic books written by saints or good Catholic authors as well as other great classics like *Spiritual Combat*, *The Imitation of Christ*, *This Tremendous Lover*, *The Soul of the Apostolate*, *The Sinner’s Return to God*, and others. Many available at: store.catholicism.org

Contact Sister Maria Philomena for approval of a book you have chosen or for more recommendations.
Appendix II
Circles of Study

The Saint Augustine Institute is not just for private individual studies. It is vitally important to spend time with other Catholics. To this end the Saint Augustine Institute of Wisdom sponsors “circles of study.”

Circles of study can be directly related to the course of studies online. If all of the members are students, they can help each other memorize items, listen to classes together, read books and write book reports together and more. Since the circles of study are dependent on getting groups of people to meet together, the pace may be much slower than studying on one’s own; but taking one’s time to assimilate the classes is a very good practice.

Catholic studies should be a life-long pursuit — not just a four-year course. Circles of study are a great way to continue one’s education after receiving the SAI diploma.

The structure, agenda, and goals of the circles of study is flexible.

Here is the general structure of two of our longest running and successful circles of study: (These are offered as examples only.)

The first circle of study utilizes a great deal of variety to keep the meetings interesting and dynamic. Meeting every two weeks, the members cover a chapter of Holy Scripture, the summary of a chapter from a book (which is read beforehand so that they can discuss it), a chapter of a third book (which is read at the meeting), Latin prayers and memory items. The meeting ends with a few rounds of Catholic trivia from the Not So Trivial triva game produced by Saint Benedict Center. Any questions brought up about the material they cover that cannot be answered is assigned as “homework” to individual students to present at the next meeting. All members take a turn hosting the meeting.
The other circle of study focuses on studying one subject at a time. The members come together once a week and listen to whole audio classes together. They discuss what they have learned and submit any questions through the moderator back to SAI.

The circles of study are highly adaptable to help members complete the four-year course work and continue each individual’s education for years to come.

If you wish to start a circle of study in your area, contact Sister Maria Philomena to help work out your goals.
Appendix III
Memory Items

The Twelve Apostles (in the order in which we name them):
Peter, Andrew — James and John — Simon, James and Jude —
Philip, Bartholomew, Matthew, Thomas and Matthias

The Seventy Two Books of Holy Scripture:
In order to be able to recite from memory the entire list, it will be
easier if we first commit to memory smaller groups:

(a) The Five Books of Moses: Genesis, Exodus, Leviticus, Numbers,
and Deuteronomy.

(b) Historical Books: Josua, Judges, Ruth, Four Books of Kings,
Two Books of Paralipomenon, Two Books of Esdras, Tobias, Judith,
Esther.

(c) The Seven Books of Wisdom: Job, Psalms, Proverbs, Ecclesiastes,
Canticle of Canticles, Wisdom, and Ecclesiasticus.

(d) Major Prophets: Isaias, Jeremias, (Baruch), Ezekiel, Daniel.

(e) The Minor Prophets: Osee, Joel, Amos, Abdias, Jonas, Micheas,
Nahum, Habacuc, Sophonias, Aggeus, Zacharias, Malachias.

(f) The Two books of the Machabees.

(g) The (New Testament) Historical Books: The Gospels of Saints

(h) The Fourteen Epistles of Saint Paul: Romans, I and II Corinthians,
Galatians, Ephesians, Philippians, Colossians, I and II Thessalonians,
I and II Timothy, Titus, Philemon, Hebrews.

(j) The Catholic Epistles: St. James; I and II St. Peter; I, II and III St.
John; St. Jude.

(k) The Apocalypse of Saint John
Devotions for the Seven Days of the Week
Sunday: Blessed Trinity
Monday: Holy Angels
Tuesday: Apostles
Wednesday: Saint Joseph
Thursday: Holy Eucharist
Friday: Sacred Heart of Jesus and the Passion of Our Lord
Saturday: Our Lady

Devotions for the Twelve Months of the Year
January: The Holy Name of Jesus
February: The Passion of Our Lord
March: St. Joseph
April: The Holy Eucharist
May: Our Lady
June: The Sacred Heart
July: The Precious Blood of Jesus
August: The Immaculate Heart of Mary
September: The Seven Sorrows of Our Lady
October: The Holy Rosary and Holy Angels
November: The Holy Souls in Purgatory
December: The Divine Infancy

The Cardinal Virtues:
Prudence, Justice, Fortitude, and Temperance

The Gifts of the Holy Ghost:
Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord

The Fruits of the Holy Ghost:
Charity, Joy, Peace, Patience, Benignity, Goodness, Longanimity, Mildness, Fidelity, Modesty, Continency, and Chastity
The Doctors of the Church:

368—St. Hilary of Poitiers
373—St. Athanasius
373—St. Ephrem
379—St. Basil the Great
386—St. Cyril of Jerusalem
389—St. Gregory Nazianzen
397—St. Ambrose
407—St. John Chrysostom
420—St. Jerome
430—St. Augustine
444—St. Cyril of Alexandria
450—St. Peter Chrysologus
461—St. Leo the Great
604—St. Gregory the Great
636—St. Isidore of Seville
735—St. Bede the Venerable
749—St. John Damascene
1003—St. Gregory of Narek
1072—St. Peter Damian
1109—St. Anselm
1153—St. Bernard
1179—St. Hildegard of Bingen
1231—St. Anthony
1274—St. Thomas Aquinas
1274—St. Bonaventure
1280—St. Albert the Great
1380—St. Catherine of Siena
1569—St. John of Avila
1582—St. Teresa of Avila
1591—St. John of the Cross
1597—St. Peter Canisius
1619—St. Lawrence of Brindisi
1621—St. Robert Bellarmine
1622—St. Francis de Sales
1787—St. Alphonsus Maria de Liguori
1897—St. Thérese of Lisieux

The Councils of the Church:

1. Nicaea I 325
2. Constantinople I 381
3. Ephesus 431
4. Chalcedon 451
5. Constantinople II 553
6. Constantinople III 680-681
7. Nicaea II 787
8. Constantinople IV 869-870
9. Lateran I 1123
10. Lateran II 1139
11. Lateran III 1179
12. Lateran IV 1215
13. Lyons I 1245
14. Lyons II 1274
15. Vienne 1311-1312
16. Constance 1414-1418
17. Florence 1431-1445
18. Lateran V 1512-1517
19. Trent 1545-1563
20. Vatican I 1869-1870
The Nine Choirs of Angels
Angels, Archangels, Principalities, Powers, Virtues, Dominions, Thrones, Cherubim, Seraphim

The Ten Commandments (Exodus 20)
1. I am the Lord, thy God; thou shalt not have strange gods before Me.
2. Thou shalt not take the Name of the Lord thy God in vain.
3. Remember that thou keep holy the Sabbath day.
4. Honor thy father and thy mother.
5. Thou shalt not kill.
6. Thou shalt not commit adultery.
7. Thou shalt not steal.
8. Thou shalt not bear false witness against thy neighbor.
9. Thou shalt not covet thy neighbor’s wife.
10. Thou shalt not covet thy neighbor’s goods.

The Works of Mercy

Spiritual
1. Admonish the sinner
2. Instruct the ignorant
3. Counsel the doubtful
4. Comfort the sorrowful
5. Forgive all injuries
6. Bear wrongs patiently
7. Pray for the living and the dead

Corporal
1. Feed the hungry
2. Give drink to the thirsty
3. Clothe the naked
4. Shelter the homeless
5. Visit the sick
6. Ransom the captive
7. Bury the dead

The Theological Virtues:
Faith, Hope, and Charity
The Twelve Sons of Jacob:
Ruben, Simeon, Levi, Juda, Issachar, Zabulon, Gad, Aser, Dan, Nephthali, Joseph, and Benjamin

The Twelve Tribes of Jacob:
Ruben, Simeon, Juda, Issachar, Zabulon, Gad, Aser, Dan, Nephthali, Benjamin, Manasses, and Ephraim

The Ten Plagues:
1. River to blood
2. Frogs
3. Gnats
4. Flies
5. Plague on cattle
6. Boils and blains
7. Hail and lightning
8. Locusts
9. Three days of darkness
10. Angel of death

The Six Holy Days of Obligation in the United States
The Immaculate Conception  December 8
Christmas Day  December 25
The Circumcision  January 1
Ascension Thursday  40 days after Easter
The Assumption  August 15
All Saints’ Day  November 1
The Ten Patriarchs and Their Ages

Adam—930
Cainan—910
Henoch—365+
Seth—912
Malaleel—895
Mathusala—969
Enos—905
Jared—962
Lamech—777
Noe—950

Symbols of the Evangelists

Matthew—man
Mark—lion
Luke—ox
John—eagle

The Seven Sacraments:

Baptism
Penance
Holy Eucharist
Confirmation
Matrimony
Holy Orders
Extreme Uction
### Great Feasts Everyone Should Know

1. **Easter Sunday:** The first Sunday after the first full moon on or after March 21; thus, any date between March 22 and April 25.
2. **Ash Wednesday** Forty-six days before Easter
3. **Ascension Thursday** Forty days after Easter
4. **Pentecost Sunday** Fifty days after Easter
5. **Trinity Sunday** Sunday after Pentecost
6. **Corpus Christi** Thursday after Trinity Sunday
7. **Sacred Heart** Friday after Octave of Corpus Christi
8. **Circumcision** January 1
9. **Epiphany** January 6
10. **Saint Joseph** March 19
11. **Annunciation (or Incarnation)** March 25
12. **Nativity of St. John the Baptist** June 24
13. **Sts. Peter and Paul** June 29 (June 30)
14. **Our Lady of Mt. Carmel (Brown Scapular)** July 16
15. **Saint Anne** July 26
16. **Transfiguration** August 6
17. **Assumption** August 15
18. **Immaculate Heart of Mary** August 22
19. **Our Lady’s Birthday** September 8
20. **Holy Angels** October 2
21. **Holy Rosary** October 7
22. **All Saints** November 1
23. **Miraculous Medal** November 27
24. **Immaculate Conception** December 8
25. **Christmas** December 25
Important Dates in the History of the Center

1940  Mar. 19    Feast of St. Joseph
        Center founded

1949  Jan. 17   Feast of St. Anthony the Abbot
        Slaves of the Immaculate Heart of Mary founded

1949  Apr. 13   Feast of St. Hermenegild
        Four professors fired from Boston College

1950  Jul. 23   Feast of St. Apollinaris of Ravenna
        First time preaching on Boston Common

1958  Jan. 30   Feast of St. Martina
        Moved to Still River, MA

1968  May 8     Feast of Apparition of St. Michael
        Sister Catherine died

1978  Jan. 30   Feast of St. Martina
        Father Feeney died

1979  Jul. 11   Feast of Pope St. Pius I
        Brother Hugh died

1989  Oct. 13   Anniversary of the Miracle of the Sun (Fatima)
        First Mass in Richmond, NH

2009  Sep. 5    Feast of St. Laurence Justinian
        Brother Francis died
Important Dates in History (B.C.)
(c. before a date means “circa” which means “about”)

- c. 5000—The Creation
- c. 3000—The Flood
- c. 2500—The Tower of Babel
- c. 2000—Abraham
- c. 1500—Moses
- c. 1000—David & Solomon
  776—First Olympiad (Olympic Games begin)
  753—Founding of the City of Rome (Ab Urbe Condita)
- c. 600—The Transmigration of Babylon
- c. 450—Age of Pericles (Golden Age of Greece)
  323—Death of Alexander the Great
- 44—Assassination of Julius Caesar
Important Dates in History (A.D.)

(A.D. stands for “Anno Domini,” Latin for “The Year of Our Lord”)

**The Incarnation of Our Lord and Savior, Jesus Christ**

- 64—Edict of Persecution by Nero
- 100—Death of Saint John the Evangelist (End of Public Revelation)
- 313—Edict of Milan
- 476—Fall of the Roman Empire in the West
- 622—Hejira (Rise of Islam)
- 800—Crowning of Charlemagne (Holy Roman Empire in the West)
- 1000—Crowning of Stephen of Hungary
- 1095—First Crusade (Preached by Blessed Urban II)
- 1291—Fall of St. John of Acre (End of the Crusades)
- 1453—Fall of the Roman Empire in the East (Constantinople)
- 1517—Protestant Revolt
- 1789—Masonic Revolution
- 1917—Our Lady of Fatima/Communist Revolution
Appendix IV
Prayers

**Latin Prayers**

Note 1: When saying the rosary in a group, the leader recites the parts that start with “V:” which means “versicle.” All others recite that part starting with “R:” or the “response.”

**The Sign of the Cross**


**The Creed**

V: Credo in Deum, Patrem omnipotentem, Creatorem caeli et terrae; et in Jesum Christum, Filium eius unicum, Dominum nostrum, Qui conceptus est de Spiritu Sancto, natus ex Maria Virgine, passus sub Pontio Pilato, crucifixus, mortuus et sepultus; descendit ad inferos; tertia die resurrexit a mortuis, ascendit in caelum, sedet ad dexteram Dei, Patris omnipotentis, inde venturus est judicaret vivos et mortuos.

R: Credo in Spiritum Sanctum; Sanctam Ecclesiam Catholicam, sanctorum communionem; remissionem peccatorum; carnis resurrectionem; vitam aeternam. Amen.

**The Our Father**

V: Pater noster, Qui es in coelis, sanctificetur nomen tuum; adveniat regnum tuum; fiat voluntas tua, sicut in coelo et in terra.

R: Panem nostrum quotidianum da nobis hodie; et dimite nobis debita nostra, sicut et nos dimittimus debitoribus nostris; et ne nos inducas in tentationem; sed libera nos a malo. Amen.
English Prayers

Note 1: When saying the rosary in a group, the leader recites the parts that start with “V:” which means “versicle.” All others recite that part starting with “R:” or the “response.”

The Sign of the Cross

V: In the name of the Father, and of the Son, and of the Holy Ghost. Amen. Signum Crucis

The Creed

V: I believe in God the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; He descended into hell; the third day He arose again from the dead; He ascended into Heaven, and sitteth at the right hand of God, the Father Almighty; From thence He shall come to judge the living and the dead.

R: I believe in the Holy Ghost, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Our Father

V: Our Father Who art in Heaven, hallowed be Thy Name; Thy kingdom come; Thy will be done on earth as it is in Heaven.

R: Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen
The Hail Mary
V: Ave Maria, gratia plena, Dominus tecum; benedicta tu in mulieribus, et benedictus fructus ventris tui, Jesus.
R: Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc et in hora mortis nostrae. Amen.

The Glory Be
V: Gloria Patri, et Filio, et Spiritui Sancto.

The Fatima Prayer
V: O Bone Jesu,
R: Libera nos a peccatis nostris; libera nos ab ignibus gehennae; perduc in paradimum omnes animas praesertim eas quae plus misericordia tua indigent!

The Hail Holy Queen
V: Salve, Regina,
V: Ora pro nobis, Sancta Dei Genetrix,
R: Ut digni efficiamur promissionibus Christi.
V: Oremus:
R: Gratiam tuam quaesumus, Domine, mentibus nostris infunde, ut qui, angelo nuntiante, Christi Filii tui incarnationem cognovimus per passionem eius et crucem, ad resurrectionis gloriam perducamur, per eundem Christum Dominum nostrum. Amen.
The Saint Augustine Institute of Wisdom

The Hail Mary

V: Hail Mary, full of grace, the Lord is with thee; Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus.

R: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Glory Be

V: Glory be to the Father, and to the Son, and to the Holy Ghost,

R: as it was in the beginning, is now, and ever shall be, world without end. Amen.

The Fatima Prayer

V: O my Jesus,

R: Forgive us our sins and save us from the fires of Hell. Lead all souls to heaven, especially those in most need of Thy mercy.

The Hail Holy Queen

V: Hail holy Queen,

R: Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us. And after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary,

V: Pray for us, O holy Mother of God,

R: That we may be made worthy of the promises of Christ.

V: Let us pray:

R: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ our Lord. Amen.
The Mysteries of the Rosary

Mysteria Gaudiosa:
Primum Mysterium Gaudiosum: Annuntiatio
Secundum Mysterium Gaudiosum: Visitatio
Tertium Mysterium Gaudiosum: Nativitas
Quartum Mysterium Gaudiosum: Presentatio
Quintum Mysterium Gaudiosum: Inventio in Templo

Mysteria Dolorosa:
Primum Mysterium Dolorosum: Agonia in Hortu
Secundum Mysterium Dolorosum: Flagellatio
Tertium Mysterium Dolorosum: Coronatio Spinis
Quartum Mysterium Dolorosum: Bajulatio Crucis
Quintum Mysterium Dolorosum: Crucifixio et Mors

Mysteria Gloriosa:
Primum Mysterium Gloriosum: Resurrectio
Secundum Mysterium Gloriosum: Ascensio
Tertium Mysterium Gloriosum: Descensus Spiritus Sancti
Quartum Mysterium Gloriosum: Assumptio
Quintum Mysterium Gloriosum: Coronatio in Coelis
The Mysteries of the Rosary

**Joyful Mysteries:**
First Joyful Mystery: Annuntiation  
Second Joyful Mystery: Visitation  
Third Joyful Mystery: Birth of Our Lord  
Fourth Joyful Mystery: Presentation of Jesus in the Temple  
Fifth Joyful Mystery: Finding of Jesus in the Temple

**Sorrowful Mysteries:**
First Sorrowful Mystery: Agony in the Garden  
Second Sorrowful Mystery: Scourging at the Pillar  
Third Sorrowful Mystery: Crowning with Thorns  
Fourth Sorrowful Mystery: Carrying of the Cross  
Fifth Sorrowful Mystery: Crucifixion and Death of Our Lord

**Glorious Mysteries:**
First Glorious Mystery: Resurrection  
Second Glorious Mystery: Ascension  
Third Glorious Mystery: Descent of the Holy Ghost  
Fourth Glorious Mystery: Assumption  
Fifth Glorious Mystery: Coronation
The Angelus

V: Angelus Domini nuntiavit Mariae.
R: Et concepit de Spiritu Sancto.
V: Ave Maria, gratia plena; Dominus tecum: benedicta tu in mulieribus, et benedictus fructus ventris tui Iesus.
R: Sancta Maria, Mater Dei ora pro nobis peccatoribus, nunc et in hora mortis nostrae. Amen.
V: Ecce ancilla Domini,
R: Fiat mihi secundum verbum tuum.
V: Ave Maria, gratia plena; Dominus tecum: benedicta tu in mulieribus, et benedictus fructus ventris tui Iesus.
R: Sancta Maria, Mater Dei ora pro nobis peccatoribus, nunc et in hora mortis nostrae. Amen.
V: Et Verbum caro factum est,
R: Et habitavit in nobis.
V: Ave Maria, gratia plena; Dominus tecum: benedicta tu in mulieribus, et benedictus fructus ventris tui Iesus.
R: Sancta Maria, Mater Dei ora pro nobis peccatoribus, nunc et in hora mortis nostrae. Amen.
V: Ora pro nobis, sancta Dei Genetrix,
R: Ut digni efficiamur promissionibus Christi.

Oremus:

Gratiam tuam, quaesumus, Domine, mentibus nostris infunde; ut qui, Angelo nuntiante, Christi Filii tui incarnationem cognovimus, per passionem eius et crucem ad resurrectionis gloriam perducamur: Per eumdem Christum Dominum nostrum. Amen.
The Angelus

V: The angel of the Lord declared unto Mary;
R: And she conceived of the Holy Spirit.

V: Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.
R: Holy Mary, Mother of God, pray for us sinners, now, and in the hour of our death. Amen.

V: Behold the handmaid of the Lord:
R: Be it done unto me according to Thy word.

V: Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.
R: Holy Mary, Mother of God, pray for us sinners, now, and in the hour of our death. Amen.

V: And the Word was made flesh:
R: And dwelt among us.

V: Hail Mary, full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.
R: Holy Mary, Mother of God, pray for us sinners, now, and in the hour of our death. Amen.

V: Pray for us, O Holy Mother of God.
R: That we may be made worthy of the promises of Christ.

V: Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ our Lord. Amen.
Regina Caeli

V: Regina caeli, laetare, alleluia.
R: Quia quem meruisti portare, alleluia.
V: Resurrexit, sicut dixit, alleluia.
R: Ora pro nobis Deum, alleluia.
V: Gaude et laetare, Virgo Maria, alleluia.
R: Quia surrexit Dominus vere, alleluia.
V: Oremus.
R: Deus, qui per resurrectionem Filii tui, Domini nostri Iesu Christi, mundum laetificare dignatus es: praesta, quaeSUMUS; ut per eius Genetricem Virginem Mariam, perpetuae capiamus gaudia vitae. Per eundem Christum Dominum nostrum. Amen.

Blessing Before Meals

Bénedic nos, Dómine, et haec tua dona quae de tua largitate sumus sumpturi, per Christum Dóminum nostrum. Amen.

Grace After Meals

Ágimus tibi gratias, omnipotens Deus, pro universis beneficis tuis, qui vivis et regnas in sæcula sæculórum. Amen.

V: Divinum auxilium maneat semper nobiscum,
R: Et anime omnium fidelium defunctorum per misericordiam Dei, requiescant in pace. Amen.
**Regina Caeli**

V: Queen of Heaven, rejoice, alleluia:
For He whom you merited to bear, alleluia,
V: Has risen as He said, alleluia.
Pray for us to God, alleluia.
V: Rejoice and be glad, O Virgin Mary, alleluia.
R: Because the Lord is truly risen, alleluia.
V: Let us pray:
R: O God, who by the Resurrection of Thy Son, our Lord Jesus Christ, granted joy to the whole world: grant we beg Thee, that through the intercession of the Virgin Mary, His Mother, we may lay hold of the joys of eternal life. Through the same Christ our Lord. Amen.

**Blessing Before Meals**

Bless us, O Lord, and these thy gifts which we are about to receive from thy bounty, through Christ our Lord. Amen.

**Grace After Meals**

We give thee thanks, almighty God, for all your benefits, who livest and reignest forever and ever: Amen.
V: May the Divine assistance remain always with us
R: And may the souls of the faithful departed, through the mercy of God rest in peace. Amen
Appendix V

Important Links

Saint Augustine Institute of Wisdom: SaintAugustineInstitute.org
Saint Benedict Center Website: catholicism.org
Saint Benedict Center Store: store.catholicism.org
Sample Class of SAI: SaintAugustineInstitute.org
Sister Maria Philomena’s email: smph@catholicism.org
Digital copy of this Syllabus: SaintAugustineInstitute.org

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Notes